



Sewa-InternMart Internship Program





InternMart
Career discovery for high schoolers

Introduction

Sewa International's Bay Area Chapter and InternMart are partnering to bring an innovative internship program designed to bring meaningful internship opportunities to high school students. This flyer provides essential details about the program.

Background

The world faces a leadership crisis for the future, which will see nearly 40% of the current professions disappear. And yet, our education system isn't designed to prepare our high school students for that future.

Over 80% of students entering college are unsure of their plans; over half of them switch majors during four years of college. While top colleges are seeking high-potential students who have clarity of purpose and diversity of experiences beyond the classroom, over 90% of high school students have never had a meaningful internship before entering college. The society needs a mechanism to bring valuable professional experiences to high school students.

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Intern with Sewa International

The Sewa-InternMart internship program is an opportunity for high school students to explore new ideas for community welfare while gaining professional and personal experience. Interns will undergo training through a well-structured program which would encompass:

- Meeting professional role models and potential mentors who can provide guidance, feedback, and support
- Learning valuable new skills essential for collegiate and professional success
- Developing a solid work ethic and professional demeanor while building a record of work experience.

The program is structured in three phases:

- **Phase I (April-June 2020)** will focus on introducing and preparing the students for internship opportunities in various Bay Area organizations in a diverse set of sectors, including (but not limited to) technology, healthcare and lifesciences, education, and nonprofit sectors. The time commitment during this Phase will be upto 5 hours per week.
- **Phase II (June-August 2020)** will focus on students participating in internships. In view of the COVID-19 pandemic, these opportunities may include work-from-home options. The time commitment will be 10-20 hours per week on an average, lasting 4-12 weeks, depending on the roles. The opportunities may range from project management and marketing to data science/analytics/AI to scientific literature research and writing.
- **Phase III (Sept-Nov)** is focused on following up with the students to ensure that they incorporate learnings into their overall development. Time commitment for this phase will be less than 2 hours per month.



Eligibility

High School Students (in or incoming), i.e, current 8th, 9th, 10th and 11th graders. Only students who are sincerely committed to the Sewa mission and able to commit the time should apply. Students missing more than one session will be disqualified from the program (unless with explicit permission from the program staff).

Phase II of the program is only open to those participants who commit to 50 hours of volunteering with Sewa for the entire year. This excludes time spent with the internship program itself. These hours will count towards the Presidential Volunteer Service Award (Sewa in one of the select organizations that is eligible to give this award out).

Following the successful completion of the program, the participants will be awarded a certificate of accomplishment.

How to Apply

All participants in the program must:

- Register with Sewa LEAD program at: www.sewausa.org/event-3702668
- Create an account at www.internmart.com/student/signup.

The program formally kicks off on April 12th.

Contact Us

For any questions regarding the program, please contact:
lead-ba@sewausa.org or gita@internmart.com

About InternMart

InternMart cultivates high school students academically and professionally by connecting them to real-world experiences near them. We strive to offer the highest quality of learning opportunities for the youth of today, the future of tomorrow.

About Sewa LEAD Bay Area 2020

Sewa International is a humanitarian, nonprofit service organization, active in twenty countries. Sewa serves humanity irrespective of race, color, religion, gender or nationality. It's Bay Area Chapter's LEAD program is open to high school Students (including 8th graders). Students should be sincere in their commitment to the values of Sewa with integrity and discipline.

Sewa - InternMart Internship Program Schedule

Week	Phase	Session Date	ACTIVITIES*	LEARN FROM LEADERS SERIES **
Week #1	Registration Starts	12-Apr-2020	Orientation of Sewa - InternMart Internship program Student Registration on InternMart.com Completed	Introduction to the Careers of Future Dr. Anurag Mairal, Adjunct Professor, Stanford University
Week #2	Orientation Starts	19-Apr-2020	Recap of Sewa - InternMart Internship program Navigating InternMart Platform Anatomy of an Internship Assessing Your Skills and Identifying the Skills Gaps	Panel Discussion: College Education and Careers: Are the Two Connected and How Should a High School Student Prepare for Both
Week #3	Orientation Continues	26-Apr-2020	Assessing your Skills and Gaps: A Discussion Improving your Skills: Introduction to Skill Augmentation Modules	Panel Discussion: Upskilling During COVID-19: Making the Best of Online Learning Platforms
Week #4	Internships Overview	3-May-2020	What to Expect During an Internship Applying for Internships on InternMart Internship Opportunities at Sewa Internship Opportunities at other organizations and companies	Panel Discussion: Searching for Talent: What do The Employers Want and Why. Spotlight on Technology, Healthcare, and Public Policy
Week #5	Targeting Internships	10-May-2020	Recruiter-specific skill proficiency needs and plan to achieve them Working Session on Specific Skills	Guest Speaker
Week #6	Completing Internship Applications	17-May-2020	Review of Internship Applications Process Submitting Applications	Guest Speaker
Week #7	Student - Recruiter Followup	7-Jun-2020	Engaging with the Employers: Screening and Interview Process Getting Ready for the Summer Internship	Guest Speaker
Week #8 -16			Internships	
Week #17-30			Post-internship follow up	

*All didactic sessions will be via video conference from 10-11 am

**All Learn from leaders sessions will be via video conference from 11 am - 12 noon, unless indicated